



BLUNSDON  
HOUSE HOTEL



ENERGISE,  
RESTORE AND  
NURTURE  
YOUR BODY,  
MIND AND SOUL





# PHYTOMER BODY TREATMENTS

## Full Body Exfoliation

45 mins – £40

Marine salt crystals exfoliation, finished with a hyper moisturising body milk.

Our ethically sourced natural Marine sponge is used to exfoliate the body removing dead skin cells. After your treatment you will be given the sponge to take home. This can be used dry as an exfoliator or with a shower gel.

## Detox Body Wrap

55 mins – £50

Warming cocoon body mask, with powerful deep cleansing and contouring serums, stimulate the body's metabolism and encourages the natural breakdown of excess lipids. It eliminates toxins and leave the skin toned whilst redefining the silhouette.

Our ethically sourced natural Marine sponge is used to exfoliate the body removing dead skin cells. After your treatment you will be given the sponge to take home. This can be used dry as an exfoliator or with a shower gel.

*or £160 for a course of 4  
(2 per week for 2 weeks)*

## Back Detox

45 mins – £40

A treatment devoted entirely to the back. Combines a hot towel cleanse, exfoliation, detox mud, massage and moisturiser.



# PHYTOMER FACIALS

Phytomer Facial Treatments are individually prescribed using natural marine based products, plant extracts and aromatics to restore, nourish and protect the skin.



## **Tailor Made Facial** 25 mins – £30

A perfect refreshing facial tailor made to you for an instant lift.

## **Expert Youth Facial** 60 mins – £55

Superb anti-ageing facial smooths fine lines and wrinkles, firming and lifting the face to promote more youthful skin.

## **HydraBlue Plumping Facial** 55 mins – £42

An intense moisturising treatment leaving your skin feeling soft, radiant and soothed.

## **Comforting Soothing Facial** 55 mins – £42

For sensitive skins, this will instantly cool, calm, reduce redness and irritation. The skin is strengthened and soothed.

## **Eye Contour Treatment** 25 mins – £30

A specific targeted treatment to energise and decongest, leaving eyes looking visibly brighter.

*...add the Eye Contour Treatment onto any facial for an extra £20.*

*...add a mini back massage and self-heating mud mask for an extra £20 to any facial.*



# MASSAGE THERAPIES

## **Back, Neck and Shoulder Massage**

25 mins – £35

## **Full Body Massage**

55 mins – £50

## **Back Hot Stone Massage**

25 mins – £45

## **Full Body Hot Stone Massage**

55 mins – £60

## **Pre-natal full body massage**

55 mins – £50

Specifically adapted to pamper & relax an expectant Mum.

## **Pre-natal back neck and shoulder massage**

25 mins – £35

## **Indian Head Massage**

25 mins – £35

A deeply relaxing massage. Includes massage of the scalp, neck, shoulders, upper back and arms.

*Upgrade your massage with a blissful scalp and face massage for an additional £10*



**ENERGISE, RESTORE AND NURTURE YOUR BODY, MIND AND SOUL**

Tel. 01793 720609 Email: [secrets@blunsdonhouse.co.uk](mailto:secrets@blunsdonhouse.co.uk) [www.blunsdonhouse.co.uk](http://www.blunsdonhouse.co.uk)



# HANDS AND FEET

## Essential Manicure

£30

Includes a relaxing hand massage, filing, cuticle work and application of polish.

## Luxury Manicure

£45

Nails are shaped and cuticles tidied. Hands are exfoliated and massaged followed by a luxury mask and heated mittens. To finish polish is applied.

## Essential Pedicure

£30

Includes a soak, scrub, relaxing foot massage, hard skin removal, filing and cuticle work. To finish polish is applied.

## Luxury Pedicure

£45

Feet are soaked, scrubbed and massaged, hard skin removed, nourishing mask, and heated booties. Nails are then shaped and cuticles tidied followed by an application of polish.

*Add Shellac to any of the above treatments for £10*

## Hand treatment

£25

Includes a relaxing hand massage, filing and cuticle work.

## Foot Treatment

£25

Includes a soak, scrub, relaxing foot massage, hard skin removal, filing and cuticle work.

## File and Polish

£22

## Children's File and Polish

£15 (under 16yrs old)

*Full Hands or Toes of Glitter add £4*

*Full Hands or Toes Graduated Glitter add £3*

*Nail art stamping or glitter – from 20p per finger*

*Add some gems – 20p charged per gem*

## CND Shellac

CND Shellac is the original power polish that delivers 7 to 10 days of flawless, mirror shine with zero dry time!

## Cuticle, Shape and Shellac

£30 hand or toes

£35 hands or toes with Shellac removal

## French Shellac

£30

## Shellac Removal

£8

## Shellac Removal and Tidy

£15



# EYE TREATMENTS

**Eye Brow Tidy**  
£10  
(no patch test required)

**Eye Brow Tinting**  
£15

**Eye Lash Tinting**  
£17

**Eye Lash Lift**  
£25

**Eye Lash Lift and Tinting**  
£35

**Eye Brow and Lash Tinting**  
£25

Patch test is mandatory 24 hours prior  
for eye treatments

# WAXING

**Half leg** £18

**Three quarter leg** £25

**Full leg** £30

**Under arms** £12

**Full Arms** £18

**3/4 Arms** £15

**Half Arms** £13

**Chest** £25

**Half back** £15

**Full back** £25

**Bikini line** £15

**High Bikini** £18

**Half leg and Bikini** £28

**Full Leg and Bikini Line** £40

**Lip** £8

**Chin** £8

**Lip & Chin** £14

**Hollywood**  
£30

**Brazilian**  
£22

**High Brazilian**  
£25

Intimate waxing by  
appointment only

# TANNING

**Sienna X Spray Tan** £25  
(develops in 8 hours)

**Half Body** £18

**Sienna X High Intensity  
Spray Tan** £28  
(develops in 1-4 hours)

**Half Body** £20



# PAMPER PACKAGES

Includes use of our new spa facilities\* with swimming pool, 3 metre whirlpool Jacuzzi, Scandanvian sauna and Essence steam room. All packages (except the Twilight package) include afternoon tea. A perfect way to unwind and enjoy a day of relaxation at its best.

\*Spa access is limited to one entry on the day.

## Midweek Pamper Package

Valid Tuesday – Friday  
£60 per person

Relax with a 25 minute treatment, spa use and afternoon tea.

Choose from: Back massage, Indian head massage, Tailor made facial, Essential manicure or Essential pedicure.

## Re-energise Package

Approx. 1 hour – £85

Back, Neck and Shoulder Massage  
Tailor Made Facial

## Rejuvenating Package for Two

Approx. 1 hour – £170 for 2

Tailor Made Facial for two

Back, Neck and Shoulder Massage for two

## Twilight Package

£70 to be taken after 4pm  
choice of **two** treatments  
listed below:

Indian Head Massage

Back Massage

Tailor Made Facial

Essential Manicure

Essential Pedicure

## Total Wellbeing Package

Approx. 2 1/2 hours – £145

Full body hot stone massage

Choice of 55 minute facial

Essential Manicure or Essential Pedicure

*Most are suitable for a pregnancy  
of over 3 months – please enquire  
from our therapists.*

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**For bookings please call the salon on 01793 720609  
or email: [secrets@blunsdonhouse.co.uk](mailto:secrets@blunsdonhouse.co.uk)**

**Opening Times**

Tuesday & Wednesday: 9am – 5pm

Thursday & Friday: 9am – 8pm

Saturday: 9am – 5pm

Sunday: 10am – 4pm

Opening times are subject to change but will be confirmed when you book ahead.

Should our therapists be busy when you phone please do leave a message and we will phone you back at the first opportunity.

Please arrive 10 minutes before your appointment time, a 50% charge will be incurred for treatment(s) not cancelled at least 24 hours prior to your appointment.

