



# Phytomer body treatments

## Full body exfoliation\*\* 50 mins – £75

Marine salt crystals exfoliation, finished with a hyper moisturising body milk.

...add on a scalp massage – 10 mins extra £15

# Detox body wrap\*\* 50 mins – £80

Warming cocoon body mask, with powerful deep cleansing and contouring serums, stimulate the body's metabolism and encourages the natural breakdown of excess lipids. It eliminates toxins and leaves the skin toned whilst redefining the silhouette.

\*\*Our ethically sourced natural marine sponge is used to exfoliate the body removing dead skin cells. After your treatment you will be given the sponge to take home. This can be used dry as an exfoliator or with a shower gel.



# Phytomer facials

Phytomer facial treatments are individually prescribed using natural marine based products, plant extracts and aromatics to restore, nourish and protect the skin.



## Tailor made facial

A perfect refreshing facial tailor made to you for an instant lift.

### Expert youth facial 50 mins – £80

Superb anti-ageing facial smooths fine lines and wrinkles, firming and lifting the face to promote more youthful skin.

### Hydra blue plumping facial 50 mins – £70

An intense moisturising treatment leaving your skin feeling soft, radiant and soothed.

## Comforting soothing facial 50 mins – £70

For sensitive skins, this will instantly cool, calm, reduce redness and irritation. The skin is strengthened and soothed.

# Eye contour treatment 25 mins – £35

A specific targeted treatment to energise and decongest, leaving eyes looking visibly brighter.

- ...add on hot stones, scalp or eye contour
- 10 mins extra £15



# Massage therapies

#### Back, neck and shoulder massage

25 mins - £50

#### Full body massage

50 mins - £80

#### Back hot stone massage

25 mins - £55

#### Full body hot stone massage

50 mins - £85

#### Pre-natal full body massage

50 mis - £75

Specifically adapted to pamper & relax an expectant mum.

#### Pre-natal back, neck and shoulder massage

25 mins - £50

#### Indian head massage

25 mins - £55

A deeply relaxing massage. Includes massage of the scalp, neck, shoulders, upper back and arms.

 $\dots$ add £15 extra on all body treatment – 10 mins Hot stones, scalp, eye contour, hand or foot massage





# Hands and feet

#### **Essential manicure**

£35\*\*

Includes a relaxing hand massage, filing, cuticle work and application of polish.

#### Luxury manicure

£45\*\*

Nails are shaped and cuticles tidied. Hands are exfoliated and massaged followed by a luxury mask and heated mittens. To finish polish is applied.

#### **Essential pedicure**

£35\*\*

Includes a soak, scrub, relaxing foot massage, hard skin removal, filing and cuticle work. To finish polish is applied.

#### Luxury pedicure

£45\*\*

Feet are soaked, scrubbed and massaged, hard skin removed, nourishing mask and heated booties. Nails are then shaped and cuticles tidied followed by an application of polish.

Hand treatment

£40

Foot treatment

£40

File and polish

Children's file and polish (under 16 years old)

£20

Add Gels for extra £5 Add some gems – 20p per gem

#### Hara builder gel manicure

£45

Hema free, versatile, self-leveling formula that promotes natural nail strength & gives a long lasting, flawless, mirror shine. A must have treatment for stronger, longer and healthier nails.

Hara builder gel infills

235

French gel

Gel removal & tidy

£15

# Eye treatments

Eye brow tidy £12

Eye brow tinting £17

Eye lash tinting £18

Eye lash lift £35

Eye lash lift and tinting £45

Eye brow tidy & tint £26

Eye brow and lash tinting £32

Eye brow lamination and tinting £30

Eye lash lift and brow lamination (with free tint) £70

# Waxing



Half leg £20

Half leg & bikini line £35

Full leg £35

Full leg & bikini line £45

Under arms £15

Lip £10

Full back £25

Chin £10

Bikini line £18

Lip & chin £18

# Tanning

Bondi sands spray tan £25 (Develops in 8 hours)

# Pamper packages



Includes use of our spa facilities\* with swimming pool, 3 metre whirlpool jacuzzi, Scandinavian sauna and essence steam room. All packages (except the twilight package) include afternoon tea. A perfect way to unwind and enjoy a day of relaxation at its best.

\*Spa access is limited to one entry on the day.

## Midweek pamper package \$85

Valid Monday—Thursday. Indulge & relax with a 25 minute treatment, use of the spa facility & afternoon tea. Choose from: back, neck and shoulder massage, Indian head massage, tailor made facial or file & polish on hands or toes.

# Re-energise package 50 mins – £115

Back, neck and shoulder massage, tailor made facial or scalp.

# Rejuvenating package for two 50 mins per person - £220

Your choice of 1 x 50 minute full body massage or phytomer facial per person.

# Weekend pamper package £95

Valid Friday-Sunday. Indulge & relax with a 25 minute treatment, use of the spa facilities and afternoon tea. Choose from back, neck and shoulder massage, Indian head massage, tailor made facial or file & polish on hands or toes.

### Twilight package £65

Available from 4pm and includes one 25 minute treatment. Choose from Indian head massage, back massage, tailor made facial, essential manicure, essential pedicure. Includes spa access and a glass of fizz.

Check out our offer of the month, each month something new!

# For bookings please call the salon on 01793 721701 (select option 3) or email: secrets@blunsdonhouse.co.uk

#### **Opening times**

Monday: 10am - 5pm
Tuesday & Wednesday: 9am - 5pm
Thursday: 10am - 7.30pm
Friday: 10am - 7pm
Saturday: 9am - 5.30pm
Sunday: 10am - 4pm

Opening times are subject to change but will be confirmed at the time of booking.

Should our therapists be busy when you call please do leave a message with your contact number and we will get back to you at the first opportunity.

Please arrive 10 minutes before your appointment time.

A 50% charge will be incurred for treatment(s) not cancelled at least 48 hours prior to your appointment.

A 100% charge will be incurred for treatment(s) cancelled on the day.

Prices correct as of 1st April 2025 and may be subject to change.

